
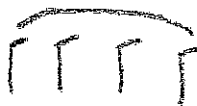


VIOLA

District Bowing:

Going up 

Going down 

THREE-OCTAVE SCALES (the easy way)
for VIOLA
by HELEN FALL ;-)

MAJOR SCALES

There are only 3 fingerings you must know for these scales:

1. Starting on OPEN (C major)

- Start in first position.
- Shift up ONE TIME on the D string (to 3rd position).
- Shift up ONE TIME on the A string to 5th position.
- Extend 4-4-4 at the top, then 3-2-1.
- Shift down *immediately* to 4th finger E on the A string and you're home!
- Continue down to open C.

2. Starting on 1st finger (C#/Db; D major)

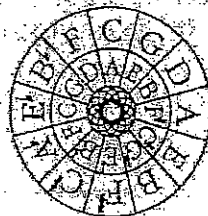
- Start in first position, 1st finger.
- Shift up ONE TIME on the D string (to 3rd position).
- Shift up TWO TIMES on the A string (1-2, 1-2, 1-2-3-4).
- From the top, go down 4-4-3-2-1, 3-2-1, 2-1 on the A string.

3. Starting on 2nd finger (*all of the rest!!*)

- Start in the position that gives you 2nd finger on the C string.
- Shift up ONE TIME on the D string (1-2, 1-2-3-4).
- Shift up TWO TIMES on the A string (1-2, 1-2, 1-2-3-4)
- Extend 4-4-4 at the top.
- Come down 3-2-1, 3-2-1, 3-2-1 on the A string, and you're home!
- Continue down to 2nd finger on the C string.

Remember:

1. All downward shifts are at a half step. This means the note in the new position is *always* high.
2. There is always one shift on the D string, going up.
3. All shifts going down are on the A string.
4. To make memory easier, use 4th finger even when an open string option is available.
5. Two scales for the price of one! Db=C# and Gb=F#!!



MINOR SCALES

There are only 4 fingerings you must know for these scales:

1. Starting on Open (c minor)
Start in first position.
Shift up ONE TIME on the D string (to 3rd position).
Shift up ONE TIME on the A string to 5th position.
Extend 4-4 at the top.
Come down 4-3-2, 3-2-1, 3-2-1 **on the A string, and you're home!**
Continue down to open C.
2. Starting on Low 1st finger (c# minor)
Start on low 1st finger (c#) on the C string.
Play 2-2 on the C string; then continue up in 1st position to the D string.
Shift up ONE TIME on the D string (to 3rd position).
Shift up ONE TIME on the A string (to 5th position).
Come down 4-3-2, 3-2-1, 3-2-1 **on the A string.**
Continue down the scale in 1st position.
On the C string, play 4-3-**2-2-1**.
3. Starting on natural 1st finger (d minor)
Start in 1st position, 1st finger.
Shift up ONE TIME on the D string (to 3rd position).
Shift up TWO TIMES on the A string (1-2, 1-2, 1-2-3-4).
Come down **on the A string**, 4-3-2, 3-2-1, 4-3-2-1.
Continue down the scale in 1st position.
4. Starting on 2nd finger (all of the rest! -- this includes d# minor)
Start in the position that gives you **2nd finger on the C string**.
Shift up ONE TIME on the D string (1-2, 1-2-3-4).
Shift up TWO TIMES on the A string (1-2, 1-2, 1-2-3-4).
Extend 4-4 at the top.
Coming down **on the A string**, play 4-3-2, 3-2-1, 3-2-1.
You are not yet down in the final position;
On the D string, play 4-3-2-1, **2-1**.
This is the only scale that does not shift down completely on the A string.
Continue down in this position to 2nd finger on the C string.

Remember:

1. This system uses the **melodic minor**. The 6th and 7th scale steps are *raised one-half step* going up, and *lowered* going down (this explains the fingering change at the top of the scale).
2. All downward shifts are at a half-step. This means the note in the new position is *always* high.
3. There is always one shift on the D string, going up.
4. As in major scales, using 4th finger instead of open will make memory easier.
5. Two scales for the price of one! (d# = eb, a# = bbt)

VIOLA

THREE OCTAVES

C Major

1.

C Major Arpeggio

2.

a melodic minor

3.

4.

a minor Arpeggio

IV



G Major IV

1.

4

G Major Arpeggio

2.

e melodic minor

3.

e minor Arpeggio

4.



D Major

1.

D Major Arpeggio

2.

b melodic minor

3.

b minor Arpeggio

4.

A Major

1.

A Major Arpeggio

2.

f# melodic minor

3.

f# minor Arpeggio

4.



E Major

1.

E Major Arpeggio

2.

a# melodic minor

3.

2 IV

a# minor Arpeggio

4.



F Major IV

1.

F Major Arpeggio

2.

d melodic minor

3.

d minor Arpeggio

4.

Bb Major

1. **Bb Major**
IV 2

Bb Major Arpeggio

2. **Bb Major Arpeggio**
IV 2

g melodic minor

3. **g melodic minor**
IV 2

g minor Arpeggio

4. **g minor Arpeggio**
IV 2



Eb Major

1. **Eb Major**

Eb Major Arpeggio

2. **Eb Major Arpeggio**

c melodic minor

3.

c minor Arpeggio

4.

Ab Major IV₂

1.

Ab Major Arpeggio IV₂

2.

f melodic minor IV₂

3.

f minor Arpeggio

4.